FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Glass Geoffrey Michael					<u>A</u>	2. Issuer Name and Ticker or Trading Symbol AVADEL PHARMACEUTICALS PLC AVDL]							(Che	elationship o eck all applic X Directo	able)	g Pers	Person(s) to Issuer 10% Owner		
					- ^	V DL	J							Officer	(give title		Other (s	pecify	
(Last) (First) (Middle)					Date of Earliest Transaction (Month/Day/Year)								below)	.0		below)			
C/O AVADEL PHARMACEUTICALS PLC					12	12/21/2020													
10 EARLSFORT TERRACE					4.	If Amendment, Date of Original Filed (Month/Day/Year)							6. In	6. Individual or Joint/Group Filing (Check Applicable					
(Street)					_								Line	Line)					
DUBLIN 2 L2 D02 T380												2	X Form filed by One Reporting Person Form filed by More than One Reporting						
					-									Form fi Person		e than	One Repor	ting	
(City)	(S	tate)	(Zip)																
		Tal	ble I - No	n-Deri	ivativ	re Se	curities	Acc	uired,	Dis	posed of	, or Ben	eficiall	y Owned					
1. Title of	Security (Inst	tr. 3)			saction	ction 2A. Deemed 3. 4. Securit					4. Securitie	es Acquired (A) or			5. Amount of			7. Nature of	
Date (Month/D					n/Day/Y	ear)	Execution Date, if any (Month/Day/Year)		Transaction Code (Instr. 8)		Disposed Of (D) (Instr. 3, 4		. 3, 4 and t	Beneficia Owned F	Securities Beneficially Owned Following Reported		Indirect str. 4)	Indirect Beneficial Ownership (Instr. 4)	
						Code			v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			msu. 4)		
ADSs ⁽¹⁾ 12/21/					21/202	/2020			G	V	18,600 ⁽²) D	\$0	47,	100		D		
ADSs ⁽¹⁾													18,	18,600			By Trust ⁽²⁾		
			Table II -								osed of, o			Owned	•		,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day	Date,	4. Transaction Code (Instr. 8)				6. Date Exercisa Expiration Date (Month/Day/Yea		te Amount of		of S Ig	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported	Ownerships Form: Direct (D) Or Indirect (I) (Instr. 4		Beneficial Ownership (Instr. 4)	
			Code		v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares	ount (Ins		ction(s)				
Stock Option (Right to Buy)	\$2.03	12/21/2020			G	v	60,000 ⁽³⁾		(4)		08/07/2029	ADSs ⁽¹⁾	60,000	\$0	0		D		
Stock Option (Right to Buy)	\$2.03								(4)		08/07/2029	ADSs ⁽¹⁾	60,000		60,000	0	I	By Trust ⁽³⁾	
Stock Option (Right to Buy)	\$8.48	12/21/2020			G	v	42,000 ⁽⁵⁾		(6)		08/07/2030	ADSs ⁽¹⁾	42,000	\$0	0		D		
Stock Option (Right to	\$8.48								(6)		08/07/2030	ADSs ⁽¹⁾	42,000		42,000	0	I	By Trust ⁽⁵⁾	

Explanation of Responses:

- 1. The issuer's "ADSs" are American Depositary Shares, with each ADS representing one ordinary share, nominal value \$0.01 per share, of the issuer; ADSs may be represented by American Depositary Receipts.
- 2. On December 21, 2020, the reporting person transferred 18,600 ADSs to a family trust of which the reporting person is trustee. The reporting person and members of his immediate family are the sole beneficiaries of the trust.
- 3. On December 21, 2020, the reporting person transferred 60,000 options to a family trust of which the reporting person is trustee. The reporting person and members of his immediate family are the sole
- 4. Options become exercisable as to 20,000 ADSs on each of the first three anniversaries after the 08/07/2019 grant date.
- 5. On December 21, 2020, the reporting person transferred 42,000 options to a family trust of which the reporting person is trustee. The reporting person and members of his immediate family are the sole beneficiaries of the trust.
- 6. Options become exercisable as to 14,000 ADSs on each of the first three anniversaries after the 08/07/2020 grant date

/s/ Jerad Seurer, as attorney-in-12/23/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.