FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

/as	shin	gto	n,	D.	C.	2	054	9		

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person* Glass Geoffrey Michael						2. Issuer Name and Ticker or Trading Symbol AVADEL PHARMACEUTICALS PLC								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) C/O AVADEL PHARMACEUTICALS PLC					AVDL] 3. Date of Earliest Transaction (Month/Day/Year) 09/01/2023									Office below	r (give title)		Other (s below)	pecify	
10 EARLSFORT TERRACE						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) DUBLIN 2 L2 D02 T380				X Form filed by One Reporting Person Form filed by More than One Reporting Person										- 1					
(City) (State) (Zip)				Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Tab	le I - Non-	-Deriva	ative	Sec	curiti	ies Ac	quired	, Dis	posed o	f, or Be	neficial	ly Owne	d				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,			Code	Transaction Disposed Of (D) (Code (Instr. 5)		ies Acquir Of (D) (Ins	Acquired (A) or (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			Instr. 4)	
		7	Table II - D								osed of, convertil			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) if any ice of (Month/Day/Year) (Month/Day/Year)		Date, Transac Code (I				6. Date Exercisa Expiration Date (Month/Day/Yea		Amount of		of s ng e	8. Price of Derivative Security (Instr. 5)	ative derivative		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				c	ode	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$14.1	09/01/2023			G			33,000	(1)		08/01/2033	ADSs ⁽²⁾	33,000	\$0	0		D		
Stock Option (Right to Buy)	\$14.1								(1)		08/01/2033	ADSs ⁽²⁾	33,000		33,00	0	I	By Trust ⁽³⁾	

Explanation of Responses:

- 1. These options shall vest in full on the earlier to occur of (a) August 1, 2024 or (b) the date of the next annual general meeting of shareholders following the date of grant (August 1, 2023), subject to the Reporting Person's continued service on the Board of Directors at such time.
- 2. The Issuer's "ADSs" are American Depositary Shares, with each ADS representing one ordinary share, nominal value \$0.01 per share, of the issuer; ADSs may be represented by American Depositary Receipts.
- 3. On September 1, 2023, the Reporting Person transferred 33,000 options to the Geoffrey M. Glass Revocable Trust u/t/d August 26, 2020, of which the Reporting Person is trustee. The Reporting Person and members of his immediate family are the sole beneficiaries of the trust.

/s/ Jerad G. Seurer, as attorney-09/01/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.