FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Thornton Peter J.				<u>A</u>	2. Issuer Name and Ticker or Trading Symbol AVADEL PHARMACEUTICALS PLC AVDL					(Ch	elationship of eck all applic	able) r	g Perso	10% Ow	ner	
	ADEL PHA	RMACEUTICA		08	3. Date of Earliest Transaction (Month/Day/Year) 08/07/2020							Officer below)	(give title		Other (s below)	pecify
BLOCK 10-1 BLANCHARDSTOWN CORP. PARI (Street) BALLYCOOLIN L2 15				4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(St		Zip)		- Co			willed Di		f or Do	noficial	h. O	<u> </u>			
1. Title of Security (Instr. 3) 2. Trans: Date (Month/I			Transactior te onth/Day/Yo	action 2A. Deemed Execution Date,		3. Transactio Code (Inst 8)	4. Securit Disposed 5)	[(D)]		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Own Form: I (D) or I (I) (Inst	Direct Condinect Etr. 4)	. Nature of Indirect Beneficial Dwnership Instr. 4)		
								options,				Ownea				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) ce of rivative	3A. Deemed Execution Date, if any (Month/Day/Year	Code				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly [10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$8.48	08/07/2020		A		42,000		(1)	08/07/2030	ADSs ⁽²⁾	42,000	\$0	42,000		D	

Explanation of Responses:

- 1. Options become exercisable as to 14,000 ADSs on each of the first three anniversaries after the 08/07/2020 grant date.
- 2. The issuer's "ADSs" are American Depositary Shares, with each ADS representing one ordinary share, nominal value \$0.01 per share, of the issuer; ADSs may be represented by American Depositary

/s/ Phillandas T. Thompson, as attorney-in-fact

08/11/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.