FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| TIES AND EXCHANGE COMMISSION | |
|------------------------------|--|
| ashington, D.C. 20549 | |

| OMB APPROVAL | | | | | | | | |
|--------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| Section 16. Form 4 or Form 5 obligations may continue. See | | | | | | I pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 | | | | | | | | Estima | Estimated average burden hours per response: | | | |
|--|--|--|---|--|---|---|---|---|---|--|---|---------|---|--------------|---|--|------|--|
| Name and Address of Reporting Person* Glass Geoffrey Michael | | | | | 2. Issue | 2. Issuer Name and Ticker or Trading Symbol AVADEL PHARMACEUTICALS PLC [AVDL] | | | | | | (Ch | eck all appli X Directo | cable) or | Reporting Person(s) to I ole) 10% C ve title Other below) | | wner | |
| (Last) | (Last) (First) (Middle) C/O AVADEL PHARMACEUTICALS PLC | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 08/01/2023 | | | | | | | below) | | | | | |
| 10 EARLSFORT TERRACE (Street) DUBLIN 2 L2 D02 T380 | | | | 0 | 4. If Am | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | Line | 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (S | tate) | (Zip) | | Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. | | | | | | | | | | | | | |
| | | Tabl | le I - Noi | n-Deriv | ative Se | curities Ac | quired, | Disp | osed o | f, or | Bene | eficial | ly Owne | d | | | | |
| 1. Title of Security (Instr. 3) 2. Transar Date (Month/Da | | | Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year | 3. Transac Code (II 8) | | | rrities Acquired (A) or ed Of (D) (Instr. 3, 4 ar | | | Securities Beneficially Owned Following Reported Transaction(c) | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | Т | | | | urities Acqı s, warrants | | | | | | | Owned | - | | | | |
| 1. Title of Derivative Conversion Security (Instr. 3) Price of Derivative Security Or Exercise (Instr. 3) Price of Derivative Security (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) | | 4. Transaction Code (Instr 8) | ansaction of Derivative Securities Expiration Date (Month/Day/Year) Ansaction Derivative Securities | | | Amo Secu Unde | tle and unt of irities erlying vative | | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficial Owned | vative Owners urities Form: Direct (| | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | | |

Explanation of Responses:

\$14.1

Security

Stock Ontion

(Right to Buy)

1. Options shall vest in full on the earlier to occur of (a) August 1, 2024 or (b) the date of the next annual general meeting of shareholders following the date of grant, subject to the Reporting Person's continued service on the Board of Directors at such time.

(D)

Date

Exercisable

(1)

Expiration

08/01/2033

of (D) (Instr. 3, 4 and 5)

(A)

33,000

2. The Issuer's "ADSs" are American Depositary Shares, with each ADS representing one ordinary share, nominal value \$0.01 per share, of the issuer; ADSs may be represented by American Depositary Receipts.

> /s/ Jerad G. Seurer, as Attorney-in-Fact

Title

ADSs⁽²⁾

Security (Instr. 3 and 4)

Amount Number

Shares

33,000

\$<mark>0</mark>

08/03/2023

Following Reported

Transaction(s) (Instr. 4)

33,000

(I) (Instr. 4)

D

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

08/01/2023

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.